

IDA[®]

Your Friendly Neighbourhood Pharmacy



hot deal!
7⁹⁹
ea.

BUCKLEY'S
Liquid 150mL-200mL,
Liquid Gels 24's or
Caplets 40's



Let's talk about Cold & Flu

There are so many different products for Cold & Flu. Speak with your pharmacist for recommendations on which ones are right for you.

11⁴⁹
ea.

GAVISCON
Foamtabs 50's-100's,
Fruit or Mint Liquids
600mL



BEST PICKS FOR DAILY HEALTH!

7⁹⁹ ea.
BIOTÈNE Dry Mouth
Toothpaste 100mL,
ORAL BALANCE Gel 42g,
Mouthwash 473mL or
Mouth Spray 44mL



8⁹⁹ ea.
TYLENOL or
MOTRIN
Muscle and Back
Caplets 18's-72's or
TYLENOL
ULTRA Tablets 80's



6⁹⁹ ea.
atoma
Melatonin
60's-100's
Assorted
Types
Save up to \$6



Don't go viral.
GET YOUR flu SHOT HERE*

*At participating locations only.

diem health Manage your meds anytime, anywhere.

Download the diem[®] health for I.D.A. app.

Download on the App Store | GET IT ON Google Play

health and wellness

WOW! 30% OFF*
*Our regular retail price
WEBBER NATURALS
Minerals and Calciums
Assorted Types

great price! 11⁹⁹ ea.
JAMIESON
100% COMPLETE
Multivitamins
Assorted Types
and Sizes

11⁹⁹ ea.
ROBAX
PLATINUM
Caplets 18's or
ADVIL
Caplets 72's or
Liquid Gels 50's

5⁹⁹ ea.
RUB-A535
Topical
Analgesic
100g-150g or
6 Patches

15⁴⁹ ea.
ALWAYS
DISCREET Bladder
Protection Pads or
Underwear
Selected Types
and Sizes

hot deal! 9⁹⁹ ea.
NICORETTE
Gum 2mg,
4mg 30's or
Lozenges 2mg,
4mg 22's
Assorted
Flavours

8⁹⁹ ea.
VICKS
DAYQUIL or
NYQUIL
Liquid 354mL or
Capsules 24's
Selected Types

3⁴⁹ ea.
CEPACOL or
STREPSILS
Throat
Lozenges
12's-24's

9⁹⁹ ea.
ZANTAC
Heartburn
Tablets
24's-30's

8⁹⁹ ea.
SENOKOT
Natural Source
Laxative Tablets
100's or
SENOKOT S
Tablets 60's

17⁹⁹ ea.
BAUSCH & LOMB
PRESERVISION
AREDS 2 Formula
Softgels 120's

5⁹⁹ ea.
VISINE
Allergy, Red Eye,
Dry Eye or
Multi-Symptom
Drops 15mL

personal care

5⁴⁹ ea.
HEAD & SHOULDERS
Hair Care
380mL-400mL
Selected Types

14⁹⁹ ea.
ABREVA
Cold Sore
Treatment 2g
Selected
Types

20% OFF*
*Our regular retail price
BENZAGEL
Acne Products
Selected Types
and Sizes

20% OFF*
*Our regular retail price
CLEAN & CLEAR
Acne Care
Products
Selected Types

MONTH LONG SAVINGS! NOV. 30 - DEC. 27
guardian-ida-pharmacies.ca



great deals

8⁹⁹
ea.

BAUSCH & LOMB
RENU,
SENSITIVE EYES or
BIOTRUE
Multi-Purpose
Solution
300mL-355mL



6⁹⁹
ea.

TYLENOL or
MOTRIN
Children's Pain
and Fever
Liquid
30mL-120mL
or Tablets 20's



16⁹⁹
ea.

SLEEP HARMONY
Sleep-Aid
Supplement
Capsules 28's



Exclusive Brand atoma®

3⁹⁹
ea.

atoma
Artificial Tears
Lubricating
Eye Drops 15mL
Save up to \$6



18⁹⁹
ea.

REFRESH
OPTIVE
ADVANCED or
FUSION 2x10mL



6⁹⁹
ea.

BREATHE RIGHT
Nasal Strips
8's-10's



4⁹⁹
ea.

GRAVOL
Natural Source
Ginger Tablets
20's or Soft
Chewable
Lozenges
20's



17⁹⁹
ea.

atoma
24 Hr. Nasal
Allergy Relief
120 Sprays
Save up to \$8.80



THIS MONTH'S GREAT BUY

5⁹⁹
ea.

atoma
Broncophan
Cough Syrup
250mL
Save up to \$5.80



Exclusive Brand atoma®

BUY 10, GET 1 FREE! atoma® Collector Card* Start Earning TODAY!

5⁹⁹
ea.

POISE
Pantiliners
or Pads
Small Packs
Selected Types



16⁹⁹
ea.

CENTRUM
Prenatal
Multivitamin
and Minerals
Tablets 100's



2⁹⁹
ea.

atoma
Regular Strength
or Extra Strength
Antacid Tablets
72's-150's
Save up to \$1.50



2⁹⁹
ea.

atoma
Hand Sanitizer
250mL
Selected Types
Save up to \$1.70



9⁹⁹
ea.

IBGARD
90mg
Capsules 12's



5⁹⁹
ea.

DULCOLAX
5mg 30's or
DULCOLAX
FOR WOMEN
5mg 25's



24⁹⁹
ea.

KOENA
Probiotic +
Prebiotic
Supplement
Adults or Kids
Assorted Types
and Sizes



7⁹⁹
ea.

LAX-A-DAY
Powder 119g



26⁹⁹
ea.

SOFTHEAT
Heating Pad



2⁹⁹
ea.

G-U-M
Floss
Selected Types
and Sizes



20% OFF*

*Our regular retail price
CLEARASIL
ULTRA or
CETAPHIL
Skin Care
Products
Selected Types
and Sizes



8⁹⁹
ea.

GLAXAL BASE
Cream 100g or
Lotion 227g
Selected Types



Your free* gift for making smarter diabetes decisions.

Get your free* **CONTOUR® NEXT ONE** or **CONTOUR® NEXT** meter and receive a bonus \$15 gift card or a donation to a diabetes charity when you register your new meter at ascensiadiabetes.ca/offer.

*with the purchase of CONTOUR® NEXT Test Strips



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I.D.A. PHARMACY
at guardian-ida-pharmacies.ca



THIS FLYER IS RECYCLABLE
AND PRINTED WITH
VEGETABLE BASED INKS

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